# Preventing and Dissolving Conflict™

### overview

Preventing and Dissolving Conflict<sup>™</sup> is an interactive program that provides your team members with multiple tools to anticipate, prevent and dissolve conflict in challenging interactions. Differing views, opposing expectations, & misinterpretations can result in workplace conflicts with coworkers, clients and suppliers. Every conflict costs time, energy and money.



By developing a repertoire of skills to choose from participants learn to head off conflicts before they begin, or defuse those already underway. As a result working relationships are smoother, teams get a boost in morale, and organizations get on with the intended focus of work with greater productivity & profitability.



## workshop benefits

- ▶ Transforms understanding of causes of conflict
- ▶ Expands personal power for effective conflict reduction
- Uncovers differing behavioral styles
- Creates an attitude of positivity
- Unveils how conflict escalates
- ▶ Teaches how to de-escalate conflict
- ▶ Explores a mutual-gains strategy
- Integrates relationship building into everyday work life

### who should attend

- Senior Managers
- Middle Managers
- ▶ Team Members

### workshop materials

Every participant receives a copy of the Preventing & Dissolving Conflict™ manual, an optional copy of the DiSC Profile, and a Pre & Post Assessment.

1-800-501-1245 info@boldnewdirections.com www.BoldNewDirections.com

# Preventing and

# **Dissolving Conflict**™

#### discount options

Ask about our volume discounts for booking multiple workshops for your company, organization or association conference.

#### two day option

This workshop may be offered in a two day format with optional follow up coaching. Contact us for more information or to discuss your organization's unique needs.

### book your workshop

Contact us today to discuss pricing and scheduling options that suit your organization.



### morning

- Using Mutuality, Pro-Activity & R.E.S.P.E.C.T.™
- ▶ Reprogramming the Brain for Positive Expression
- Understanding Human Behavior Styles
- Uncovering the Four Major Sources of Conflict
- Dissolving Conflict with Emotional Intelligence
- Dealing with Conflict Via 5 Key Strategies
- Exploring The Power of Empathy
- Developing an Attitude of Service
- Experiencing How to Choose Your Perspective

### afternoon

- Understanding Other's Perspectives
- Entering the State of Curiosity
- **▶** Looking for Common Ground
- Asking Powerful Questions
- ▶ Using Level I & II Listening Skills
- ▶ Learning The Art & Value of Raising Esteem
- Using Courage on Behalf of Effective Relationships
- ▶ Truth-telling in a Way That Works
- Bringing the Components Together

1-800-501-1245 info@boldnewdirections.com www.BoldNewDirections.com